

# Let's Talk about... Plagiocephaly & Your Baby!

## What is Plagiocephaly?



### **NORMAL HEAD SHAPE**

No treatment  
recommended



### **WHAT IT LOOKS LIKE**

No noticeable flatness or  
asymmetry.

Head is roughly 1/3 longer  
than it is wide.



### **MILD PLAGIOCEPHALY**

No treatment  
typically  
recommended



### **WHAT IT LOOKS LIKE**

Flatness is difficult to see.

Asymmetry and ear shift are  
minimal.



### **MODERATE / SEVERE PLAGIOCEPHALY**

Cranial Remolding  
Orthosis typically  
recommended



### **WHAT IT LOOKS LIKE**

Flatness is easy to see.

One or more of the following may  
also be evident:

- Asymmetrical facial features
- Misaligned ears
- A sloped or bulging forehead
- A noticeably wider and/or  
taller head

## Can Plagiocephaly be treated? How long does it take?

**Deformational Plagiocephaly is an abnormal shape of a baby's head caused by external forces.** Fortunately, the condition is treatable when started before the baby is 18 months old. Treatment time varies, depending on the age of the baby at the beginning of treatment and the baby's own growth rate.

# How Does Your Child Compare?

It can be tough for parents to recognize that their own child has an abnormal head shape. Here are some examples of head shape that highlight the differences of mild to severe plagiocephaly and brachycephaly, along with a normal head shape.

## PLAGIOCEPHALY | View of head from above



NORMAL



MILD



MODERATE



SEVERE

## BRACHYCEPHALY | View of head from the side



NORMAL



MILD



MODERATE



SEVERE



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## Let's Talk.

The certified clinicians at Prosthetic & Orthotic Associates are happy to meet with you and your child to evaluate their condition. Our highly trained team will determine if your baby is a candidate for successful use of a cranial remolding orthosis, what to expect with your insurance payer, and answer any other questions that you may have.

**We're here to Help!**