Let’s Talk about...
Plagiocephaly & Your Baby!

What is Plagiocephaly?

NORMAL HEAD SHAPE
No treatment recommended

WHAT IT LOOKS LIKE
No noticeable flatness or asymmetry.
Head is roughly 1/3 longer than it is wide.

MILD PLAGIOCEPHALY
No treatment typically recommended

WHAT IT LOOKS LIKE
Flatness is difficult to see.
Asymmetry and ear shift are minimal.

MODERATE / SEVERE PLAGIOCEPHALY
Cranial Remolding Orthosis typically recommended

WHAT IT LOOKS LIKE
Flatness is easy to see.
One or more of the following may also be evident:
• Asymmetrical facial features
• Misaligned ears
• A sloped or bulging forehead
• A noticeably wider and/or taller head

Can Plagiocephaly be treated? How long does it take?

Deformational Plagiocephaly is an abnormal shape of a baby’s head caused by external forces. Fortunately, the condition is treatable when started before the baby is 18 months old. Treatment time varies, depending on the age of the baby at the beginning of treatment and the baby’s own growth rate.

How Does Your Child Compare?

It can be tough for parents to recognize that their own child has an abnormal head shape. Here are some examples of head shape that highlight the differences of mild to severe plagiocephaly and brachycephaly, along with a normal head shape.

**PLAGIOCEPHALY** | View of head from above
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NORMAL | MILD | MODERATE | SEVERE

**BRACHYCEPHALY** | View of head from the side
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NORMAL | MILD | MODERATE | SEVERE

Let’s Talk.
The certified clinicians at Prosthetic & Orthotic Associates are happy to meet with you and your child to evaluate their condition. Our highly trained team will determine if your baby is a candidate for successful use of a cranial remodeling orthosis, what to expect with your insurance payer, and answer any other questions that you may have.

We’re here to Help!

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