



OPAF
ORTHOTIC AND PROSTHETIC
ACTIVITIES FOUNDATION

First Stride Training and Clinic

For Professionals:

First Stride instruction will include classroom and hands-on experience with examination of lower limb amputations, causes, morbidities, gait analysis, and fall risks and recovery. First Stride Training is for PTs, PTAs and Allied Health Care Professionals.

Patients are welcome to attend. PTs will receive 4 hours of continuing education for First Stride Training. The clinic fee is \$75.00.

For Participants:

First Stride instruction will give participants the chance to experience a variety of gait exercises with trained professionals, including weight-bearing and turns, and how best to fall and to get back up.

MEET THE INSTRUCTOR!

Instructor Chris Doger, PT & CP, has been in the healthcare field for 15 years. She holds a Masters Degree in Physical Therapy from University of Miami, and her certification in Prosthetics from Northwestern. Her areas of specialty within Prosthetics include lower extremity prosthetics and gait training.

SATURDAY APRIL 7, 2018

9 AM - 3 PM: For Therapists, Lunch Included

1pm to 3 pm: For Lower Limb Amputees, Gait Training Clinic

OPAF offers adaptive recreational trainings and clinics for those with physical challenges and the rehab team who works with them.

REGISTER FOR THIS **OPAF FIRST CLINIC ONLINE AT: www.opafonline.org**

REGISTER OVER THE PHONE BY CALLING OPAF AT: **1.980.819.9404**

OPAF & THE FIRST CLINICS, 13303 Hunting Birds Lane, Charlotte, North Carolina 28278



Sponsored By:

PROSTHETIC & ORTHOTIC ASSOCIATES

WWW.POA-PROSTHETICS.COM

POA LOCATIONS:

Kingston, NY

Mahwah, NY

Middletown, NY

Poughkeepsie, NY

LOCATION:
Marist College
Allied Health Building
Beck Place
Poughkeepsie, NY 12601

